

SJL: New Best Rest Gummy, now available!

PVT: Support for occasional sleeplessness<sup>‡</sup>

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MULTIVITAMINS, VITAMINS & MINERALS

# Introducing Best-Rest Gummy

New Iron C+ Gummy,  
now available!

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Use code:  
BRG10E



**Best-Rest Gummy** is formulated for patients who need support for occasional sleeplessness.<sup>‡</sup>

Designed for ages 8+, and available in a great-tasting raspberry tea flavor, our new **Best-Rest Gummy** offers support through:

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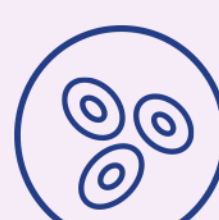
## Additional Benefits



Supports cognitive function<sup>‡</sup>



Supports healthy hepatic fat metabolism<sup>‡</sup>



Promotes optimal cellular function<sup>‡</sup>

## Choline is an important nutrient for:

- Individuals who are **currently pregnant\***
- Individuals who are **post-menopausal**
- Patients with **low dietary intake**
- Patients with **polymorphisms** in MTHFD1 or PEMT genes

## Key Ingredients:

While long considered a non-essential vitamin, recent evidence confirms that the body cannot synthesize enough choline to meet daily needs. This has prompted the National Academy of Science to create a daily value for choline of 550 mg. Dietary intake of choline is often below this level.<sup>1</sup>

- Choline is an important nutrient for methylation, cell membrane structure and neurotransmission, as well as lipid metabolism and transport.<sup>2‡</sup>
- Choline is required for the synthesis of phospholipids and acetylcholine, a neurotransmitter involved in attention, learning and memory.<sup>3‡</sup>
- Postmenopausal women with lower estrogen have higher dietary choline requirements because of reduced PEMT function.<sup>4‡</sup>
- A randomized, double-blind, placebo-controlled trial suggests that higher intakes of choline also promote healthy hepatic fat metabolism.<sup>5</sup>



Enjoy **10% off + FREE SHIPPING**  
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USE CODE: : BRG10E

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\*\*Valid on orders placed by healthcare professionals in the US only. Offer is cumulative with volume discounts and expires 8/9/2022 at 11:59 p.m. PT. Cannot be combined with other promotions or used on previous orders, exclusions may apply. One-time and valid only on Iron C+ Gummy. Free standard shipping will become available at checkout.



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